



# Stop the spread of **NOROVIRUS**

If you've had vomiting or diarrhoea it's extremely important you are clear of symptoms for at least 48 hours before visiting a GP surgery.

If you have a non-urgent appointment please reschedule if possible. If you're not able to rearrange your appointment please call in advance to let staff know you're unwell.

**Want the full lowdown on norovirus?**  
Your one-stop shop for staying germ-free.

**Head to: [staywelldorset.nhs.uk/norovirus](https://staywelldorset.nhs.uk/norovirus)**